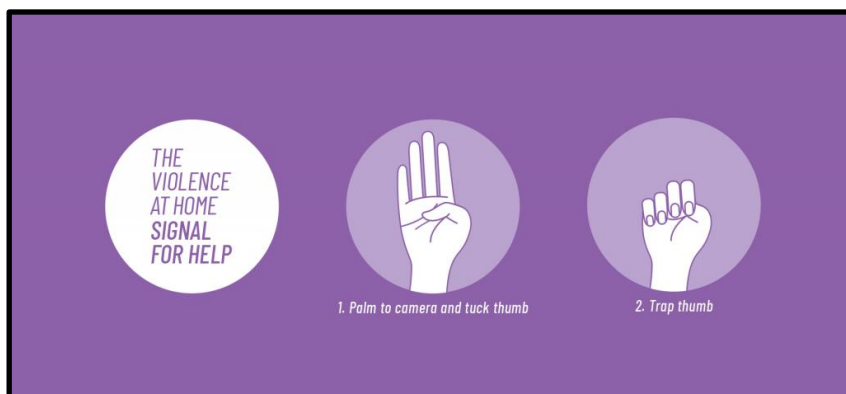




Domestic Violence Resources



Supporting websites



Early Support Children and Families



Key provider of domestic abuse support services.

PDAP believes everyone has the right to live their life free from abuse.

We offer safe, effective, and high-quality support to all victims of domestic abuse over the age of 3, regardless of their gender, ethnicity, age, disabilities, background, or circumstances. We will work hard to provide support at the client's own pace, walking alongside victims, survivors, and their children, empowering them to access the support they need to be safe and recover from the impact of abuse.

Services including Children and Families DANS navigators.

[Children and Young Peoples - PDAP](#)

Through our partnership with [Northorpe Hall Trust](#) and the [Women Centre](#) we can offer access to therapeutic support for children and young people affected by domestic abuse.

Community Outreach Teams

[Community Outreach Services - PDAP](#)

Independent Domestic Abuse Advisor IDAA

IDAA's support high risk victims as identified by the DASH risk assessment. Support is provided at point of crisis, with an emphasis on reducing immediate risk, implementing safety plans and supporting victims to access and navigate through the Criminal Justice System.

Domestic Abuse Outreach (KBOP)

Our outreach service is part of the Kirklees Better Outcomes Partnership (KBOP) made up of social sector organisations. This service works with standard to medium risk victims with an emphasis on early intervention and safety planning to prevent escalation of risk. We can support clients who wish to remain in their own property through the installation of security measures (where safe) or we can support them to access safe alternative accommodation. Support may include access to civil orders, benefits, employment and training and access to our group work programme which helps clients understand and recover from the abuse they have experienced. Within this team we have male and female support workers and bi-lingual staff speaking Urdu and Punjabi.



RASAC

Kirklees and Calderdale Rape and Sexual Abuse Centre

0300 303 4787



Working to end Honour Based Abuse in the UK

We run the national Honour Based Abuse Helpline, train professionals, gather data to inform policies and services, and campaign for change.

Phone: 0800 5999 247 (Honour Based Abuse Helpline: Mon-Fri 9am-5pm)



Specialists within Black, Asian Minority ethnicities fleeing Domestic Violence.



We support LGBT+ people who have experienced abuse and violence.

LGBT+ Domestic Abuse Helpline [0800 999 5428](tel:08009995428)



Contact the National Domestic Abuse Helpline

You can call us, for free and in confidence, 24-hours a day.

0808 2000 247

Respect

The Helpline for male victims of domestic abuse

Freephone 0808 8010327

women's aid
until women & children are safe

We're working together against domestic abuse until women and children are safe.

Women's Aid is a grassroots federation working together to provide life-saving services in England and build a future where domestic abuse is not tolerated.



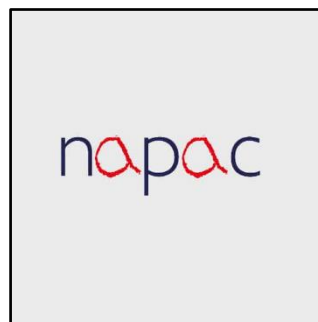
North Kirklees Women's Refuge provides safe, emergency refuge and outreach accommodation to those fleeing domestic abuse, both with or without children. Everyone accessing services within NKWR will be allocated a Domestic Abuse Support Worker and have access to a Family Support Worker for support and advice.

Tel 01924 465238

Email NKWR@connecthousing.org.uk



(They offer dog fostering for families going into refuge who are unable to take pets to try and remove barriers of accessing support)



[NAPAC](#) Supporting recovery from childhood abuse.



National Stalking Helpline 0808 8020 300 Advice for anyone affected by stalking or harassment.



Domestic Violence Assist 0800 195 8699 Injunctions and court orders for domestic abuse victims.



National Centre for Domestic Violence 0800 970 2070 or text **60777** for a call back. Free, legal support to help protect survivors of abuse.



NSPCC 0800 028 3550 (FGM helpline). Confidential support for anyone affected by or worried about Female Genital Mutilation.



[Victim Support](#)

0300 303 1971 (West Yorkshire)

0808 1689 111 (National support line)

Support and information for domestic abuse victims; you don't have to be referred by the police or have a crime number.



[Mankind Initiative](#) **0182 333 4244** A confidential helpline for men who are experiencing domestic violence and abuse from female or male partners - the website provides support and information.

Educational Courses/ Programmes



Group Work Programme:

The programme has been specifically designed to support you develop your understanding of two closely connected, but different subjects. Your Emotional Resilience and Domestic Abuse.

Quick Overview:

The programme will help you to:

- Reduce Isolation
- Support Emotional Wellbeing
- Develop Emotional Resilience
- Improve Understanding of Domestic Abuse
- Recognise Early Warning Signs
- Be supported with peer led learning.

Sessions are delivered during term time and re imbursement of the cost of public travel expenses is available.

In More Detail:

Delivered in small groups, the friendly, understanding, and non-judgemental, facilitators will support you as:

You begin to understand your own thoughts and feelings, and what effect these can have on your sense of self, behaviour, and potential for success. Aswell as develop some techniques which may support you to rebuild or develop greater: self-confidence, self-worth, and independence.

We put a magnifying glass on the abusive person's behaviours and the impact their tactics can have to our physical, mental, and emotional well-being, and our lives overall. Likewise, the effect it can have on children, and what help there is available, to help children recover, even if they are not directly involved in the Domestic Abuse.

Due to its growing popularity and success – The programme is now being delivered across Kirklees!

To apply for your seat on the programme click on the link which will take you to our referral form. Once you have submitted your form (wait for the green tick to ensure the form is submitted), we will call you to discuss the programme in more detail.

If you have any questions or would like to discuss the programme, or how we can support you in more detail, please call:

Chris (programme facilitator): 07719 054 946

Julie (programme co Ordinator): 07710 700 912



Liberty

Who is it for?

Suitable for any parent/carer who are or have at some point been victims of Domestic Abuse. The programme has been written to be gender neutral, so is suitable for both male and female victims. This programme is also available for Urdu/Punjabi speakers who have English as a second language. **NB. Groups would never be mixed but arranged to meet the needs of the referrals.**

What are the aims of the programme?

- ✚ Liberty is adapted from the Freedom Programme, although retaining the principles of Freedom it is designed to be more accessible and inclusive to all victims of Domestic Abuse.
- ✚ Participants will raise their awareness and be able to recognise the different tactics and beliefs of the dominator and the effects this has had on them and their children.
- ✚ Participants will be encouraged to reflect on their own story and the impact that Domestic Abuse has had on them and their family.
- ✚ Increased awareness of the impact of Domestic Abuse on children and methods for increasing resilience for all the family.
- ✚ Restorative practices will be utilised to help to rebuild healthy relationships, resolve difficulties and repair harm within the family to create change.
- ✚ Raise awareness of how to keep safe!

- ✚ To raise awareness around Clare's Law and safety planning including online safety
- ✚ To raise awareness of future relationships including safe dating.

How is it delivered?

10 weekly 2-hour sessions the participants will be encouraged to reflect on their individual story and the impact that Domestic Abuse has had on them and their family.

Usually 10-16 in a group and at least 2 facilitators per group

Sessions will be a mix of creative and focussed group work tasks to enable participants to create a portfolio of work that they will be able to take away.

How can I find a group/ find out more?

Tel: 01484 456823



DAPP facilitates and promotes change for male perpetrators of domestic abuse within intimate relationships. The DAPP team also work with the victims of the perpetrators on the programme.
About DAPP

What is DAPP?

DAPP stands for Domestic Abuse Perpetrator Programme (also referred to as Domestic Abuse Prevention Programme). It is a 17-week programme that seeks to increase the safety of women and children, and the quality of life of everyone in the family, by working with men who recognise that they have been abusive towards an intimate female partner and who want to stop that behaviour. Domestic abuse includes physical violence, emotional abuse, or any other form of coercive control. The programme runs alongside one-to-one support sessions to ensure men are offered a robust intervention.

YCC is fully accredited by RESPECT, the National Association for Domestic Abuse Perpetrator Programmes and Associated Support. The DAPP is open to men aged 18 and over from any ethnicity or religious background.

How long is the programme?

The programme starts with one initial 'Suitability Assessment' meeting which lasts 2 hours.

Occasionally a second follow-up meeting may be required.

This is followed by three weekly 'Pre-Group' sessions which are 2.5 hours long each.

You will then complete 14 weekly 'Core Group' sessions which are also 2.5 hours long each.

What happens on the programme?

17 group sessions are facilitated to provide participants with insight into how their behaviour is abusive and how to learn non-abusive behaviour strategies to use to enhance and reduce risk within families and relationships.

ISS Victim support is offered to all victims whilst men are on programme and up to 3 months post programme.

This support offers a robust risk management and safeguarding which is tailored to everyone's needs.

During the programme, participants will cover:

- The damaging effects of blaming others for their behaviour and how to stop doing it
- The wide range of impacts of abusive and controlling behaviour in intimate relationships.
- The (sometimes hidden) impact on children of a father's abusive behaviour
- How to be less reactive and prevent the actions of others affecting the choices they make
- How arguments escalate and how to prevent escalation
- How to recognise and stop abusive or controlling behaviour before it happens
- How to avoid being trapped in destructive or repetitive patterns of negative thinking
- How to know themselves better so they can stay calm
- How to take appropriate 'time outs'
- How to negotiate more effectively in a relationship

Outcomes:

Research into RESPECT accredited programmes (like the DAPP) shows that most women and children feel significant improvements in their sense of safety after the man completed a programme of this type. This research also shows most women who had experienced sexual or physical violence from their partner stated that this violence had stopped after the programme.

Men who have engaged fully with the programme by attending all the sessions and participating with full honesty have told us they feel a great benefit from the practical skills and fresh perspective they have learned.

These skills and personal insights appear to improve their experience of life and can help them regain contact with their loved ones and build a safer environment for them.

Men also report they have experienced significant encouragement and support from meeting and talking with other men, helping them see they are not alone in their struggle and that progress and change is not only possible but is merely a matter of making better and more informed choices.

Other intervention services:

The DAPP Service also facilitate other different types of intervention as and when funding is available to roll out different types of Programmes to fully encapsulate the broad spectrum of risk and types of Domestic Abuse.

We are currently facilitating a DAPP 17 Week RESPECT Accredited programme to the Urdu & Punjabi speaking community. This is delivered by dual speaking facilitators, which also captures the complex issues of domestic abuse attached to some cultural beliefs held by perpetrators within this community.

The additional services will be updated on the site when available with details on how to access these.

Who can access this service?

The course is for men aged 18 + who are or have been abusive within intimate relationships or if they or others i.e., professional services deem their behaviour to be abusive.

How to access this service:

Application is by referral from statutory and non-statutory agencies (e.g., CAFCASS, Social Services or from the voluntary or non-voluntary sector) Individuals can also make a self-referral.



West Yorkshire Police have introduced Pol-Ed (Policing Education), which is a free educational package for all Schools within West Yorkshire since September 2021. Included in this letter are several Pol-Ed business cards and a flyer to share with schools within your ward area – This will assist those schools who are unaware that this package is available and can begin to use the resources soon after registering online via the following website.

www.schoolwellbeing.co.uk/pol-ed

Pol-Ed is an initiative to keep all children across West Yorkshire safe. It has been developed by West Yorkshire Police for teachers to deliver in all 1,260+ schools in West Yorkshire and encourages partnership working between policing and education in our communities. The aim of the project is to reduce the opportunity for youth offending by proactively educating young people and to provide consistency in content delivered across all schools. The resources will provide teachers with the tools to deliver information on the law, crime prevention and safeguarding whilst also building an understanding of resilience, peer to peer support and where to access help if needed.

Integrated as a curriculum of lessons from Years 1 to 13, teaching young people about crime and law, linked to the PSHE Association objectives which cover health and wellbeing, relationships and living in the wider world.

Focusing on the safeguarding of children through education around law so that they develop knowledge which will enable them to recognise when they may be at risk of either committing a crime or being a victim of crime.

Pol-Ed has been designed with custom-made resources, supplemented with specialist policing knowledge to outline some of the following themes:

- How children are coerced into inappropriate behaviour and how to develop the skills to resist and avoid such situations.
- The values of good citizenship; how to identify and become positive role models.
- How to safeguard themselves and others and where to find the support available to help them.

Pol-Ed also provides opportunities to link in with local policing teams to build trust between police and young people to reassure students, schools, and the wider community. Please contact our Pol-Ed mailbox if you have any questions or queries, or if you require more business cards or access to the E-Flyer for print.

Kind regards

Pol-Ed Team

Corporate Services – Local Policing (HQ – Admin 4)

Pol.Ed@westyorkshire.police.uk



Early Action Team
PS 5218 Summerscales.
PC 2507 Jackson.
PC 691 Booth.

Email - KirkleesDistrictEarlyAction@westyorkshire.police.uk

REFERRAL THRESHOLD

Concerns for young people who are involved in ASB, have negative associations, show a deterioration of behaviour at home or school, becoming involved in low level crime and / or on the cusp of criminality.

Those we receive referrals from include officers, PCSOs, partners who work with the police (for example YJS, L&D) and schools.

Each young person can have an unlimited amount of intelligence, non-crime occurrences or third party / information sharing occurrences.

A general rule is that we ask that there is a maximum of 3 previous low level criminal offences whether they be NFA'd or dealt with by an out of court disposal / charge. However, each referral will be reviewed on a 'case by case' basis.

WHAT WE OFFER

Early Action – We receive referrals via an EA1 form (**attached to email**) to the Outlook mailbox. We work with partners including Social Care, Early Support Multi Agency Hub, Education, Health, L&D and YJS to ensure the young person and their family receives appropriate support. We deliver one to one educational input on the Consequences of Crime, common areas being ASB, Criminal Damage, Public Order, Assaults, Possession of Drugs, Cyber Crime Awareness such as Indecent Images of Children / Sexting.

Outcome 22 – Where a young person is recorded as a suspect in a crime and the matter would otherwise be NFA we can deliver Force approved packages of education / intervention and finalise the Occurrence as Outcome 22. The aim of the programme is to educate young people on the effects of the crime they have been linked with and offer support and help to prevent the individual committing further offences. A pre-requisite of the intervention is that the suspect accepts responsibility for the offence or guilt can be implied and they consent to the Intervention.

PROJECTS AND SIGNPOSTING

The P.E.A.K project (Positive Engagement Against Knives) – Aims to help reduce knife crime and have a positive impact on young people at risk of carrying a knife and committing crime.

The project supports young people and the wider communities to help make them feel safer, realise their potential and improve community cohesion. This is achieved through educational resources, diversionary activity, youth empowerment, inspiration, use of role models and on-going support by signposting to existing community-based provision. Huddersfield Town Foundation and the Kirklees Early Action Team have developed and deliver this project. This project is a rolling 6 week programme that is delivered to young people in school settings.

Eden's Forest CIC – Eden's Forest offer services and learning opportunities in the outdoors – curriculum-based work to bushcraft and everything in between. Officers have developed and run several sessions (Eden's Forest Challenge Day) with referred young people which aims to improve self-esteem, confidence, resilience, and features workshops on knife crime and ASB in a unique environment away from the classroom.

Huddersfield Town Foundation – Steps to Success Programme – Kirklees Early Action Officers have developed a good working relationship with the Huddersfield Town Foundation and work in partnership to signpost suitable young people. The Steps to Success programme is a project that supports local secondary schools incorporating cross working across their education and inclusion departments. The programme seeks to provide opportunities for learning and life skills that help disengaged young people to aspire to reach their potential, regardless of background or ability. Officers have referred several young people on to the programme which has a positive influence on their choices and future.

West Yorkshire Fire Service – Youth Engagement – Early Action Officers signpost relevant young people into the Fire Service youth intervention programmes i.e., Shout, Grit, Fire fit, Firework and Crash & Burn. Officers have also developed a bespoke one-day programme (PAFS – Police & Fire Service) that includes team challenges and drills with fire officers and Police workshops covering ASB and Crime and Consequences.

Yorkshire Mentoring Programme – Yorkshire Mentoring works in partnership with Safer Kirklees to support young people aged between 11-18 who are at risk of offending. Trained mentors support young people and assist them to make better life choices.

Positive Futures Project - Early Action officers and TCD (a charitable organisation / dance and fitness school based in Batley -who have experience of working with young people through diverse activities) delivered a 4-week pilot project at Carlinghow Junior school targeting vulnerable young people who are on the fringe of criminality and subsequently referred into the Early Action Team. Fun and engaging sessions were delivered that covered such topics as Stranger safety, Anti-social behaviour, CCE and Health and wellbeing. Additional funding is being sought to support additional schools across the district.

ROKT Climbing Gym & Activity Centre – Early Action Team officers have negotiated free sessions to targeted young people via the ROKT Foundation. Suitable young people who may benefit will take part in various team building exercises, climbing wall activities and Police workshops. The first trial event will take place in October 2021.

Huddersfield Giants – Inspiring Futures Programme – this project is delivered by the Super League charitable organisation and uses the power of sport to help support and engage young people aged 11-14 years in an early intervention scheme. The programme is made up of three strands: Educate, Aspire and Connect. Early Action Officers have assisted in setting up the programme and can refer young people into the programme who meet the relevant criteria. Officers have supported the programme with targeted workshops.

Resources



Bright Sky App

Bright Sky is here for anyone in an abusive relationship, or if you're worried about someone else. Our directory of services will help you to find local and national support services and you can also find out how to spot the signs of domestic abuse.

Bright Sky is also available as an app via the [App Store](#) or [Google Play](#). Only download the app if it is safe for you to do so and if you're sure that your phone isn't being monitored.

The initial development of this website was funded by the Home Office. Vodafone Foundation supported the launch of the Bright Sky app and continue to support the development of Bright Sky in the UK and internationally.

brightsky@hestia.org



Tec SOS App

TecSOS is used by the majority of UK Police Forces across the UK to support victims of domestic abuse. Victims were asked to assess their perceived levels of fear on a scale of one to ten prior to the issue of a device. Victims scored their fear levels at an average of 7.8. Typically, the fear dropped to 3 after just a few weeks of having the device.

What is TecSOS?

TecSOS is a unique mobile solution that provides immediate connection to the Police at the touch of a button 24/7.

The TecSOS handset provides an enhanced level of confidence, protection and reassurance for individuals who are victims of domestic abuse. The victim activates the device which initiates a 999 call.

TecSOS is a unique mobile solution that provides immediate connection to the Police at the touch of a button 24/7. The TecSOS handset provides an enhanced level of confidence, protection and reassurance for individuals suffering from domestic abuse. Users activate the device which initiates a 999 call.

Integration with the Police emergency response system means any activation of a TecSOS device goes directly to the Emergency Call Centre, where their number is automatically verified against a known list of TecSOS users. Silent call handling is overridden with an alert system that will flag the call as a TecSOS activation should the call handler try to redirect the call to a queue.

As a TecSOS user the individual's location is found via the device; the user's name, details and location are immediately flagged to the police saving valuable time in reaching the victim.

All calls are recorded and can be used as evidence in subsequent investigations. TecSOS not only benefits the user.

Police forces are able to provide better protection for individuals, while keeping operating costs down. Ultimately more individuals can be supported. As a mobile solution TecSOS allows the Police to easily recycle equipment for use by other vulnerable individuals

tecsos@help.vodafone.co.uk



West Yorkshire Night OWLS is a confidential support line for children, young people, their parents and carers who live in Bradford, Leeds, Calderdale, Kirklees and Wakefield.

If a child or young person you care for is in a crisis and you are concerned about their emotional wellbeing contact **Night OWLS**.

Safe Zones



Ask For ANI

Ask for ANI (Action Needed Immediately) is a codeword scheme that enables victims of domestic abuse to discreetly ask for immediate help in participating pharmacies and Jobcentres (Jobs and Benefits Offices in Northern Ireland).

The scheme was developed by the Home Office with the help of partners including the domestic abuse sector, pharmacy associations and the police. It was launched across the UK on 14 January 2021. The scheme is now managed by Hestia's [UK Says No More campaign](#).

Over 5,000 pharmacies, including Boots, Lloyds and community pharmacies, are now enrolled in the scheme. People from across the UK have been supported by pharmacists to access support from the police or domestic abuse services.

The scheme is also currently being piloted in 18 Jobcentres and Jobs and Benefits Offices across the UK.



UK SAYS NO MORE IS A NATIONAL CAMPAIGN TO RAISE AWARENESS TO END DOMESTIC ABUSE AND SEXUAL VIOLENCE ACROSS THE UK.

If you are experiencing domestic abuse, it can be isolating and difficult to find support or think about your options. That's why we created Safe Spaces.

UK SAYS NO MORE is working with Boots UK, Morrisons, Superdrug and Well pharmacies, TSB banks and independent pharmacies across the UK to provide Safe Spaces in their

consultation rooms for people experiencing **domestic abuse**. You can use a Safe Space in whichever way works for you. They provide a safe and discrete way to reach out to friends and family, contact specialist support services and start your journey to recovery.

How to access a Safe Space

- Walk into any participating Safe Space in the UK
- Ask a member of staff at the counter to use their Safe Space
- You will be shown to the Safe Space which will be a private room
- Once inside you can use the Safe Space in whichever way works for you. They provide a safe and discrete way to reach out to friends and family, contact specialist support services and start your journey to recovery.

**Safe Spaces are open and ready for you
to use.**

UKSAYSNOMORE | Together we can end DV & SA



West Yorkshire Police Safe zone

Please see separate spreadsheet with all safe zones.